## CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: <a href="https://www.heartstohands.org">www.heartstohands.org</a> They shall never cease to be entertained

DATE: October 6, 2018

TIME: 1:30 PM

Program: Claudia Revilla an Ambassador for the Michael J Fox Foundation

Brittany Heidemann, MS CCC-SLP On the New Parkinson's Voice Project.

WHERE: OSF Center for Health 5114 N. Glen Park Place

Peoria, IL 61614

Our October 6<sup>th</sup> meeting will have two speakers, Claudia Revilla an Ambassador for the Michael J Fox Foundation will be speaking on "What is going on with the Michael J Fox foundation". Brittany Heidemann, MS CCC-SLP Speech Language Pathologist with OSF HealthCare and Rehabilitation will be speaking on their new voice program "Parkinson's Voice Project"

November will be "Pedal For Parkinson's" held November 10<sup>th</sup> at the River Plex. See information on the back. December will be our Christmas Lunch held December 1<sup>st</sup> 12:00 PM at the Fox Pub. For more information please feel free to contact Barb or Roger at 309 699-7394 or 309 219-1210

Friday Afternoon Parkinson's Discussion Group, October 19, 12:00 - 2:00 p.m. at the Burklund Distributing building 2500 N. Main, East Peoria, IL. Use MadDog Cleaning entrance. The discussion will focus on a Parkinsonism related topic.

Bruce Colley, has been handling the treasury of our Support Group for over 12 years and will be handing this job off to someone else soon. I would like to get him a gift from the Support Group, so if you would like to help out please give Barb or I \$3.00 or what ever you would like to give. Please let's not let Bruce find out, so be discrete. (This will not be in Bruce's copy of the Newsletter)

2018 Midwest Symposium on Parkinson Disease

Friday, November 02, 2018 9:00am to 3:00pm

Location NIU Conference Center 1120 East Diehl Road Naperville IL 60563

Education event that offers information on Parkinson's Disease including an array of PD Resources, Research, Exercise and Physical Therapy. <a href="https://www.apdaparkinson.org/community/midwest/events-mw/2018-symposium-parkinson-disease-2/">https://www.apdaparkinson.org/community/midwest/events-mw/2018-symposium-parkinson-disease-2/</a>

## AMANTADINE EXTENDED-RELEASE FOR DYSKINESIA

Amantadine extended-release (ER) capsules (GOCOVRITM) are approved in the USA for the treatment of dyskinesia in people with Parkinson's Disease who are taking L-dopa. With a recommended dosage of 274 mg once daily at bedtime, the new formulation of amantadine allows a more gradual time to peak plasma amantadine concentration and higher drug concentrations in the morning and throughout the day, which is the time period when L-dopa induced dyskinesia (LID) is the most problematic. For more information go to: <a href="https://www.rxlist.com/gocovri-drug.htm">https://www.rxlist.com/gocovri-drug.htm</a>

After 13 weeks and 25 weeks amantadine ER capsules significantly improved L-dopa-induced dyskinesia (LID), while also increasing ON time without troublesome dyskinesia and reducing OFF time and ON time with troublesome dyskinesia from the morning and throughout the day. After 64 weeks patients previously treated with amantadine ER maintained their improvements.

Amantadine ER was generally well tolerated, with most of the adverse events (AEs) of amantadine ER being transient and mild or moderate in severity. The most common adverse events were treatment related and had an incidence of more than 15%. http://www.viartis.net/parkinsons.disease/news/180811.pdf

## PEDAL FOR PARKINSON'S A Fundraising and Awareness Event Sponsored by Central Illinois Parkinson's Support Group american PARKINSON DISEASE ASSOCIATION To Support the Cause of The Don Bohlander Parkinson's Disease FundRACERS The American Parkinson's Disease Association Midwest Chapter Saturday November 10, 2018 1:00 - 4:00 pm **River Plex** Recreation & Wellness Center 600 NE Water St. Peoria, IL **Questions and Answers** With Dr. Dronacharya Lamichhane and Melissa Glass APN CNP A Presentation By **OSF Health Care Rehabilitation** A Presentation By **Dr Luis Zavas** Scientific **Sheryl Jedlinski** "Parkinson's? You're kidding me, right?" Parkinson's Disease \*Ssunovion **More Then Motor Symptoms** Presented by Lori M Guyton, MD Neurology of Southern Illinois, Ltd. OSF HEALTHCARE "ACADIA" The MSA Coalition Visit www.heartstohands.org/events for more information

Donation may also be made at; <a href="http://www.pedalforparkinsons.myevent.com/">http://www.pedalforparkinsons.myevent.com/</a>



Please sponsor me for my participation in PEDAL FOR PARKINSON'S I will be riding a stationary bike for 15 minutes\_\_\_

Name	Address	Phone	Amount
25			+
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