

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: February 2, 2019

TIME: 1:30 – 3:30 PM

Program: Care and Share with Tammy Lott LCPC. and Tonya Welch BSW.

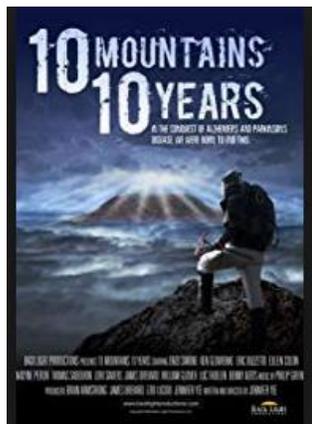
WHERE: OSF Center for Health

5114 N. Glen Park Place

Peoria, IL 61614

Our January 5th, meeting was well attended and included several New Members and guest. Sherry Gordon-Harris Community Liaison with Health Alliance presenting “Health Advocacy” The importance of speaking up when talking to doctors about your health care. We had a good discussion on what people would like to see in the way of Programs for the coming year.

The Program for our February meeting will be a Care and Share discussion with Tammy Lott and Tonya Welch from INI. Tammy and Tonya work for the Illinois Neurological Institute Movement Disorder Clinic in the field of counseling and Social Work. We will have time for general discussion and time to divide into groups for discussion among the People with Parkinson’s and the Care Partners’.



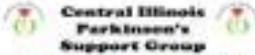
March meeting is Saturday the 2nd, at 1:30 pm We will view the film “10 Mountains 10 Years” as a Set up to our April Educational Seminar when Enzo Simone will be filming part of the Seminar for his upcoming Movie "Pilgrimage to Enlightenment" The Journey To Becoming An Advocate. This is a story of hope and of common everyday people coming together to change this world and leave something better behind. A collaboration with the Leeza Gibbons Memory Foundation and the Focus On a Cure Foundation for Parkinson's,

Dues are \$10.00 for the Person living with Parkinson’s and may be paid at the meeting Please see Barb or Dave King.



The next meeting of the Third Friday Parkinson’s Disease Discussion Group will be February 15th, 2019 at the MadDog offices, 2500 N. Main, East Peoria. The time is 12:00-2:00 p.m. This group was designed with the idea was there are times when PD patients just want to be with others talking about topics they choose. The current topic is putting together a patient packet for newly diagnosed patients and for primary care physicians. Please feel free to join us.

In April we will once again host the American Parkinson's Disease Association Educational Seminars. While this event is still changing it surely will be a very Educational event, and you might even have a chance to be in a movie. Please note the location of this event is the **Jump Trading Simulation & Educational Seminar**. Last year this turned out to be our biggest event of the year so you will not want to miss it this year.



**Central Illinois
Parkinson's
Support Group**

Support Group
for Parkinson's Disease
in Central Illinois

Support Group
for Parkinson's Disease
in Central Illinois

www.hearttohands.org



**AMERICAN
PARKINSON DISEASE
ASSOCIATION**
MIDWEST CHAPTER

Strength in numbers. Hope in progress.

**The Central Illinois Parkinson's Support Group
APDA Midwest Chapter
4th Annual Educational Seminar
April 6, 2019 12:00PM**

1306 N. Berkeley Avenue Peoria, IL 616103

Speakers will include;

Bill Bucklew

Motivational Speaker

Walked across the US. Raising Awareness for Parkinson's

A Light lunch
will be provided

**Movement Disorder Specialist
Parkinson's Program**

Educational
Displays,
Parkinson's related

Sheryl Jedlinski

Author and PD Patient Advocate

"Parkinson's? Your Kidding Me Right"

Question and answers OSF Illinois Neurological Institute Team

Dr. Lamichhane, Dr. Zayas-Rodrigue, Melissa Glass, APRN

Round Table Discussion

On Advocacy and Care Partners by some of the best Parkinson's Advocate's

This is a free event, but you must Register

<https://www.surveymonkey.com/r/APDApeoria2019> or Call 630 933-4392

This Event will be filmed for the upcoming Movie
"Pilgrimage to Enlightenment" The Journey To
Becoming An Advocate
The epic final chapter in the "10 Mountains 10
Years" project.