CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org They shall never cease to be entertained

DATE: February 2, 2013 TIME: 1:00 – 3:00 pm

Program: Will be centered around legal issues. WHERE: Methodist Hospital Morron Room

At our January meeting we watched a very interesting video from the Davis Phinney Foundation on sleep, exercise and nutrition. Then we had some good discussions in our care and share part of the meeting. We had 30 members present and we would like to welcome Karen Cotton as a new member and Norm and Janet Diemer along with Teresa Lively friend Jim as our guests.

Please join the The Don Bohlander Parkinson's FundRACERS on March 2, 2013 for Pulled Pork for Parkinson's Pekin Moose Lodge 916 2605 Broardway Road Pekin, IL. Join us for a fantastic evening of fun and fund raising. All funds raised at the event go towards Parkinson's research being done by Dr. Cady at Bradley University. Events will include a Pulled Pork Dinner, Live Auction, Silent Auction, Raffle Items, 50/50 Raffle, chances on a large Flat screen T.V. Everything gets started 4:00 pm. Get your tickets in advance for \$ 7.00 adult, \$ 4.00 Child. Tickets will be \$ 8.00 and 5.00 at the door. Ticket price does not include a drink but there will be a cash Bar.

We are also looking for donations. Donations should, but need not, be limited to items that can be used in our auctions or raffles. We are also looking for corporate sponsors. If you feel you can help please contact Val Bohlander 309 347-6929 or Roger Halleen 309 219-1210. We also need Volunteers to help with this and other events.

If you are interested in reading one of the books that are available in the library please give us a call We will bring it to the next meeting.

Dues are \$7.00 per person and are now due.

If you are a member of a church or civic group, is your club or group looking for a speaker? I would enjoy being able to give them a Parkinson's Awareness program. Please feel free to give them my name and phone number, Roger Halleen 309 219-1210

For questions call Roger or Barb at (309) 699-7394 or (309) 219 - 1210

We will be having a Chili Supper Luncheon once again for our March meeting however we will be moving the date to March 9th and we will be moving the location so please stay tuned for more information.