

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site [www.heartstohands.org](http://www.heartstohands.org)

They shall never cease to be entertained

DATE: October 6, 2012

TIME: 1:30 – 3:30 pm

Program: Julie Beltramea

WHERE: Room G303 at Methodist Hospital

\*\* Please note the Change of location for this meeting. To get to room G 303 you take the Glen Oak elevators (the elevators by the Morrion Room) to the 3rd floor. The room is straight off the elevators on 3.\*\*

Julie Beltramea, Retirement Community Director from Snyder Village, will be giving the program this month. She will be able to add some insight as how to plan your move to a Retirement Center.

I hope everyone enjoyed the movie, "10 Mountains 10 Years" last month. We had one visitor this month, Harold Kumpf.

November's program will be Barb Campbell from the Institute of Physical Medicine and Rehabilitation and December will be our Christmas luncheon.

A big thank you to the entire Don Bohlander Parkinson's FundRACERS team along with the Goss McNeely team who have helped us with our auction and breakfasts, the Peoria Speedway, and everyone else that has contributed this past year in the Don Bohlander Parkinson's FundRACERS fundraising efforts. On Saturday September 15<sup>th</sup>, a check in the amount of \$20,120.00 was given to Dr. Cady.

Pedal for Parkinson's, is on November 4<sup>th</sup> so please mark it on your calendar, you won't want to miss this one. Pedal for Parkinson's combines a fund raiser with a list of great speakers all packed into 3 hours on a Sunday afternoon. Please see the attached information or visit our web site for all the details and a sponsor form <http://www.heartstohands.org/events.html>. While it would be great if everyone participated in the bike riding you may come just for the speakers.

If you are interested in reading one of the books that are available in the library please give us a call we will bring it to the next meeting.

The Don Bohlander Parkinson's FundRACERS and Home Health Care Plus are looking for an individual to help though Dreams for Seniors. We would like this person to have Parkinson's or some other neurological disease, so if you know of someone that could use help from the Dreams for Senior Program please talk to Roger or Val Bohlander.

If you are a member of a church or civic group, is your club or group looking for a speaker? I would enjoy being able to give them a Parkinson's Awareness program. Please feel free to give them my name and phone number, Roger Halleen 309 219-1210

For question's call Roger or Barb at (309) 699-7394 or (309) 219 - 1210