

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site www.heartstohands.org

They shall never cease to be entertained

DATE: September 8, 2012

TIME: 1:30 – 3:30 pm

Program: Movie: "10 Mountains 10 Years"

WHERE: Morron Room Methodist Hospital

** Please note the date of the meeting. It is the second Saturday this month due to the Labor Day Holiday. So please enjoy the holiday with family and friends as we say good-bye to summer. Then join us on Saturday the 8th at 1:30 for the meeting.**

This month's program is a movie, "10 Mountains 10 Years" The Movie follows an international team of mountain climbers as they scale 10 of the greatest peaks in the world to raise awareness and funds for Alzheimer's and Parkinson's Disease. Focusing on Mt. Kilimanjaro, the film tracks the greatest advances happening in the medical community alongside the team's endurance at high altitudes.

Debbie Davison gave us a very informative program at our August meeting on home health care and her charity program Dreams for Seniors. Should you or anyone you know become home bound, then please give Home Health Care plus a call. There were 25 people in attendance and we welcomed 4 new couples, Ruby & Ray Northrup, Tom & Louis Dubois, Carol & Vernon Johnson, and Ron & Mary Dennis.

We have a great line up of programs for the rest of the year. Here are just a few: October will be Julie Beltramea from Snyder Village. December will be our Christmas luncheon at the Flame Family Restaurant.

Also, watch for some exciting changes coming next year for our support group. In January we will be taking some time each month for care and share, hopefully providing some good discussion among us and answers to some questions that we may have. Then with the January Newsletter, I hope to start putting out a larger, more informative newsletter on a quarterly bases.

A new addition to the support group is a library; enclosed with this newsletter please find a list of available books. If you are interested in reading one of them please give us a call and we will bring it to the next meeting.

Bohlander's Parkinson's Disease FundRacers will be serving an all you can eat Breakfast at the Pekin Marigold festival on the morning of Saturday September 8th. They will also have a booth at the Festival. If you would like to volunteer to help out please let us know. We need all the help we can get. They also continue their ongoing fund raising efforts with 50/50 ticket sales at the Peoria Speedway.

For question call Roger or Barb at (309) 699-7394 or (309) 219 - 1210