

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.heartstohands.org](http://www.heartstohands.org)

They shall never cease to be entertained

**DATE: November 5, 2016**

**TIME: 1:00 – 4:00 PM**

**Program: “Pedal For Parkinson’s”**

**WHERE: River Plex Recreational Center** (Note change in Location)

**600 Water Street**

**Peoria, IL**

30 members attended our October meeting. Kristen Million of the Michael J Fox Foundation spoke about the work the Michael J Fox Foundation does including Fox Trial Finder and their New Policy and Advocacy work.

Our Meeting on November 5<sup>th</sup> is Pedal for Parkinson’s at the River Plex in Peoria. This year’s event will raise funds for two local Charities The Don Bohlander Parkinson’s Disease Fundracers and the American Parkinson’s Disease Association Midwest Chapter. The Don Bohlander Parkinson’s Disease Fundracers has donated over \$100,000.00 to Parkinson’s research being done by Dr. Craig Cady at Bradley University. They also provide support to Central Illinois Parkinson’s Support Group and continue to work on increasing Parkinson’s Awareness locally. American Parkinson’s Disease Association Midwest Chapter has provided support to the local Parkinson’s community through their Respite program for Caregivers, providing funding to Caregivers for that needed “Time Off” break. They also provide Support Group Leadership Workshops and a Support Group Grant Program that puts money back in the hands of local support groups.

This event will combine an afternoon of Parkinson’s awareness and education with a fundraising event. There will be a great lineup of speakers, a full array of educational displays and some lite snacks all while raising funds to help create Awareness and benefit the Parkinson’s Community.

On Sunday October 30<sup>th</sup> and again on November 13<sup>th</sup>, the Fundracers will host a breakfast at the Pekin Moose Lodge, 2605 Broadway St. Pekin. The breakfast is from 8-11, the buffet includes scrambled eggs, toasts, biscuits, gravy, sausage, bacon, pancakes, tater tots, coffee, juice and milk. Omelets and special eggs can be made to order and are included in the \$8.00 adult and \$4.00 child price.

The December meeting will be our annual Christmas Lunch held at Sonny’s 7327 N. Galena Rd. Peoria. On December 3<sup>rd</sup> starting at 12:00 pm. The cost will be \$12 per person, which includes meal, tax, tip, a non-alcoholic beverage and dessert. The food choices are: Lasagna alla Antonio, Seafood Linguini, Sonny's Chicken, Grilled Chicken Caesar Salad. Please notify Bruce of your choice either by phone, 689-2265, or e-mail [brucecolley1@gmail.com](mailto:brucecolley1@gmail.com) before November 26<sup>th</sup>.

Journal Star Christmas Fund as in the past we will also be taking up a collection for our annual donation to this Fund.

Bruce will also start collecting dues for 2017 at the meeting. They are \$7.00 per person.

The next Parkinista’s / Young Onset coffee will be announced later, call Barb @ 309 712-3770 or email her [barbiehfish@comcast.net](mailto:barbiehfish@comcast.net) if you want more information.

# PEDAL FOR PARKINSON'S

A Fundraising and Awareness Event Sponsored by  
Central Illinois Parkinson's Support Group



To Support the Cause of  
**The Don Bohlander Parkinson's Disease FundRACERS**  
The American Parkinson's Disease Association Midwest Chapter



**Saturday November 5, 2016**  
1:00 - 4:00 pm  
River Plex  
Recreation & Wellness Center  
600 NE Water St. Peoria, IL

**Speakers**

**A Patient Partner Program**  
Duodopa a new Parkinson's Treatment

**Dr. Dronacharya Lamichhane**

**Dr. Craig Cady**  
Bradly University

**The Value of a Strong APDA Midwest Chapter**  
Ricki Chaidez, Program Director

**The Folksy Art of Everyday Surprises**  
Rick Neuhaus and Family



Visit [www.heartstohands.org/events](http://www.heartstohands.org/events) for more information

Donations may also be made at <http://www.pedalforparkinsons.myevent.com/>



# PEDAL FOR PARKINSON'S

Please sponsor me for my participation in PEDAL FOR PARKINSON'S I will be riding a stationary bike for 15 minutes \_\_\_\_\_ or 30 minutes \_\_\_\_\_  
Your support of the event will go a long way towards Parkinson's awareness and working towards finding a cure for this devastating disease.

Name.....

Address..... Phone.....

	Name	Address	Phone	Amount
1				
2				
3				
4				
5				
6				
7				
8				

Make checks Payable to **APDA Midwest Chapter** or **Bohlander Fundracers**