

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: June 4, 2016

TIME: 1:30 – 3:30

Program: Dawn Stroup “Senior Living Next Steps”

WHERE: OSF Center for Health

5114 N. Glen Park Place

Peoria, IL 61614

This month the program will be “Senior Living Next Steps” which discusses the different types of care available, how to pay for it, and what to look for when you are choosing a community.

Last month’s program by Dr. Carla Couri D.M.D. was very informative as she talked about some of the special problems people with Parkinson’s have to deal with their teeth. Here is a link to the web article she used during her talk. <http://www.hindawi.com/journals/pd/2015/379482/>

The next Parkinista’s / Young Onset Meeting will be June 15th 3:30 at the Panera’s in Westlake Shopping Center in Peoria. We will be discussing the book “The Day I Found Out Why” My Life’s journey With Parkinson’s Disease by Israel Robledo. Call Claudia 256-1943 if you want a copy of the book or Barb 712-3770 for more information.

We have added a few new books to the library. If you are interested in reading a book that is available in the library. Please give us a call we will bring it to the next meeting. A complete list of books can be found at <http://www.heartstohands.org/support.html> click on Book List.

Please join us on June 18th, 2016 for the Stars of Hope Walk. A community walk to benefit patients and families affected by Huntington’s Disease (HD), Parkinson’s Disease (PD) and other neurological disorders is being held Saturday, June 18, at Oak Ridge Park in Washington. The third annual event, called the Central Illinois “Stars of Hope” Walk, includes a two-mile walk, live music, family friendly activities, a free lunch and more. Thousands of families, friends, coworkers and neighbors draw together each year to support an effort focused on three main objectives:

Find a cure for neurodegenerative diseases like HD and PD;

Bring together people affected by the disease;

Raise awareness and provide education.

I would like to encourage you to join the Support groups walk team by signing up at;

<https://secure.e2rm.com/registant/TeamFundraisingPage.aspx?langPref=en-CA&TSID=673690>

June 18th, 2016 Central Illinois Stars of Hope Walk

Stars of
HOPE



Link to Website

Family Fun Day and 2 Mile Walk

When: Event starts at 9:30, walk at 11:00, lunch following.

Where: Washington, IL Oak Ridge Park, 1500 N Cummings Ln.



UNIQUE TWIST BALLOON ARTIST	ZOO LADY FACE PAINTING	BOUNCY HOUSE	SILENT AUCTION FOOD AND FUN	LIVE MUSIC VINYL TAP
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Register At osfstarsofhope.org

Walk with us, start or join a team or just support our cause!



Walk Waiver

Each participant must read & sign below. I, the undersigned, agree to indemnify and hold harmless the OSF Healthcare Foundation from all cost, expense and liability arising out of my or my child's participation in this event. I do hereby waive all claims for damage or loss to me or my child's person or property which may be caused by any act or failure to act, by HDSA, its officers, agents, volunteers or employees arising directly or indirectly from my or my child's participation in this event; and I hereby assume liability for any loss, damage or other liability from such event. I hereby give permission to the OSF Healthcare Foundation and their respective designees to take, use, reproduce and publish any and all photographs and videotapes which may be taken of me and/or my child immediately before, during or immediately after this event without compensation to me. I understand and agree that all such photographs and videotapes will be the sole and complete property of the Central IL Stars of Hope.

Signature: _____

Signature: _____

Signature: _____

Signature: _____

Signature: _____

Signature: _____

Date: _____

Must be signed by parent or legal guardian if participant is under 18.

What is the OSF Illinois Neurological Institute?

The Illinois Neurological Institute's (INI) Parkinson's Disease and Movement Disorders Center is the only facility in Central Illinois that provides specialized evaluation and treatment of patients with movement disorders. We provide our patients access to the specialized neurological care they need through our disease-specific focused areas that encourage multiple specialists to work together to provide our patients with the very best neurological care. It is our goal to provide not only support via medication, but through the holistic care of the patient and their family.

The OSF Healthcare Foundation is a 501(c)(3) non-profit volunteer organization. The Foundation serves to help insure the future integrity of the OSF HealthCare Mission: "In the spirit of Christ and the example of Francis of Assisi, the Mission of OSF HealthCare is to serve persons with the greatest care and love in a community that celebrates the gift of life."

We work to:

- Cultivate and maintain positive, mutually beneficial relationships with donors
- Encourage participation from volunteers and donors
- Plan and execute fundraising events
- Provide accurate appropriation and responsible stewardship of all donor gifts
- Spread awareness of OSF HealthCare Mission

To register online and start fundraising go to:

www.osfstarsofhope.org/



WALKING TO SUPPORT CENTRAL ILLINOIS!



**HDSA Central Illinois
Stars of Hope
Walk
June 18, 2016
(Saturday)**

**Oak Ridge Park
Washington, Illinois
9:30 AM**



PROVIDING HELP FOR TODAY, HOPE FOR TOMORROW

Registering for the Central IL Stars of Hope walk is more than just joining us for a fun filled day. The money you raise supports patients and families in Central IL who are fighting movement disorders. You will improve the lives of people affected by Huntington's disease, Parkinson's and other neurological disorders.

Your support will be used for patient programs, research and family support. Rock Steady boxing where Parkinson's patients enhance their daily quality of life and even build impressive power, strength, flexibility and speed is just one example.

Encourage friends, family, co-workers and community members to participate in the Central IL Stars of Hope Walk.

- Create an online fundraising page.
- Join the Stars of Hope walk committee.
- Form a company team.
- Recruit businesses to sponsor the Central IL Stars of Hope walk.
- Send out a letter campaign to request donations.
- Double your dollars with company matching gifts.



Walk Details



Date: Saturday, June 18, 2015

Location: Oak Ridge
Washington, IL 61571

Check In: 9:30 AM

Walk: 11:00 AM

Contact: Hans Ritter

Phone: 309-253-0646

Email: ritterhe@yahoo.com

Featuring: UNIQUE TWIST Balloon
Twisting, ZOO LADY Face Painting,
Bounce House & Silent Auction with
family & friends!



To sponsor the walk or donate a
basket to the raffle, please contact
Hans!

We walk rain or shine!

2016 Stars of Hope Walk Registration Form

Online: www.osfstarssofhope.org

By Mail: Information below

Primary Contact Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Company/Organization: _____

Team Name: _____

of T-shirt Sizes: _____

XXL _____ XL _____ L _____ M _____ S _____ YL _____

_____ I wish to decline a t-shirt.

_____ Adult 18 yrs+ @ \$25/person = \$ _____

_____ Child 3- 17 yrs @ \$10/person = \$ _____

Kids under three free!

Additional Gift \$ _____ Total Enclosed \$ _____

Please write checks to: "OSF Healthcare
Foundation" & Mail to:
Hans Ritter
1305 Coventry Dr.
Washington, IL 61571

Thank You for Your Support!