

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: June 6, 2015

TIME: 1:30 – 3:30 PM

**Program: Nutrition Program given by Bradley interns;
Brooke Bisping & Jeanna Rich.**

Plus ““The Folksy Art of Everyday Surprises”... w/ Rick Neuhaus and Family”.

WHERE: OSF Prompt Care

5114 N. Glen Park Place

Peoria, IL 61614

Thank you to Dr. Dyveke Pratt for doing our May Program on DBS, discussing other treatments, and the importance of forced exercise. Approximately 29 people attended May's meeting. For June, we will hear about better diet choices for those with Parkinson's and latest update on Food Pyramid. Our presenters are eager to share their knowledge as they wrap up their time at Bradley. The second part of the meeting will be “The Folksy Art of Everyday Surprises”... w/ Rick Neuhaus and Family”. Rick Neuhaus has been a uniquely expressive Musician, Teacher and Visual Artist since 1971. For the last 20 years he's expanded his passion into the field of developing human potential through rhythm based events. In the mid 1990's he traveled to Guinea West Africa to study first hand with the masters of their traditional rhythms, including among others, Mamady Keita, Mbemba Bangoura, Madou Dembele and Ya Ya Kabo. During this period, Rick also became a professional rhythm event facilitator, certified by Arthur Hull.



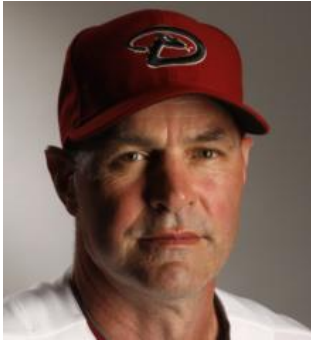
The Support Group has had a U-Step Walker donated to it by Joyce Hauk . The Support Group will make this walker available to any member of the support group that needs this type of device and is unable to afford one. The walker will be made available free of charge, but will remain the property of the Support Group. Please contact Barb or Roger for more information.

The U-Step 2 increases your independence. The secret is in our patented U-shaped base. Its ultra-stable foundation braces you in every direction. It is not like pushing a typical walker. Instead, the U-Step 2 surrounds you and moves with you. You will feel as stable as you would feel holding onto another person's arm.

We have added a few new books to the library. If you are interested in reading one of the books that are available in the library. Please give us a call we will bring it to the next meeting. A complete list of books can be found at <http://www.heartstohands.org/support.html> click on Book List.

Join us for coffee, the next Parkinistas will be held on Thursday May 28 at Historic Grounds Coffee Shop in Metamora at 10:00 am. 101 W. Partridge St. Call Barb 309 699-7394 or 309 712-3770 for more information.

Our annual Picnic in July will be changing a little bit as we will have a demonstration of Rock Steady Boxing as a program. Currently we are planning on having it at our current location and having some type of food. Stay tuned for more details.



BASEBALL LEGEND DIAGNOSED WITH PARKINSON'S DISEASE

Kirk Gibson, the former American baseball player and manager, now aged 57, has been diagnosed with Parkinson's Disease. As a player he won two Baseball World Series.

He said "I have faced many different obstacles in my life, and have always maintained a strong belief that no matter the circumstances, I could overcome those obstacles.

While this diagnosis poses a new kind of challenge for me, I intend to stay true to my beliefs.

With the support of my family and friends, I will meet this challenge with the same determination and unwavering intensity that I have displayed in all of my endeavors in life. I look forward to being back at the ballpark as soon as possible."

NEW GENETIC CAUSE OF PARKINSON'S DISEASE



A new genetic cause of Parkinson's Disease has been discovered called CHCHD2. CHCHD2 is associated with the development of Parkinson's Disease. Most genetic causes of Parkinson's Disease do not inevitably cause Parkinson's Disease but make the person affected more likely to develop Parkinson's Disease.

The full name of the genetic cause is : Coiled-coil-helix-coiled-coilhelixdomain containing 2. The gene is on the Chromosome 7p11.2. The function of the gene is to mediate oxygen-dependent expression of cytochrome c oxidase subunit 4-2 gene expression.

The researchers do not know how this function inclines somebody towards Parkinson's Disease. The type of inheritance is autosomal dominant, which means that if the abnormal gene is inherited from only one parent you can get the disease.

Often, one of the parents may also have the disease. This gene is associated with an increased likelihood of Parkinson's Disease.

There are now at least 32 known genetic causes of Parkinson's Disease : PARK 1 to 3, PARK 4 to 20, Tyrosine Hydroxylase deficiency, Aromatic L-amino acid decarboxylase deficiency, CHCHD2, CYP2D6, DRD2, DRD3, GLIS1, LINGO1, MAPT, NRA42, PITX3, RIT2, STH.

If you are a member of a church or civic group, is your club or group looking for a speaker? I would enjoy being able to give them a Parkinson's Awareness program. Please feel free to give them my name and phone number, Roger Halleen 309 219-1210