

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: March 7, 2015

TIME: 1:30 – 3:30 PM

Program: Paulette Hartmann, Lutheran Social Services of Illinois

Benjamin Rediger, Managing Director for CBD Education and Medical Cannabis

WHERE: OSF PromtCare

5114 N. Glen Park Place

Peoria, IL 61614

35 members attended the February meeting. Heidi Bauer RKT gave us a very good program on the “Brain Gym” and discussed her exercise program at the River Plex Recreational and Wellness Center in Peoria.

This month we will have 2 speakers, Paulette Hartmann, Lutheran Social Services of Illinois will discuss the programs that are available from Lutheran Social Services. Benjamin Rediger, Managing Director for CBD Education and Medical Cannabis will tell us how Medical Cannabis can help those suffering with Parkinson’s. He will also be able to explain the process and time frame for being able to obtain Medical Cannabis.

April is Parkinson’s Awareness start think now of what you can do to help promote Awareness in our Community.

I have a Proclamation templet available if anyone would like to get their City Council to proclaim April as Parkinson’s awareness month in their City. Just ask me I can help you with this.

April 11, 2015 8:00 am – 3:00 pm

APDA Midwest Chapters

Symposium 2015 to be held at The Meadows Club 2950 West Golf Rd. Rolling Meadows, Illinois

The cost is \$35.00 for members with advanced registration \$40.00 non-members and all purchasers at the door. The theme of this year’s event will be “Everyday Solutions for Parkinson Disease Problems”.

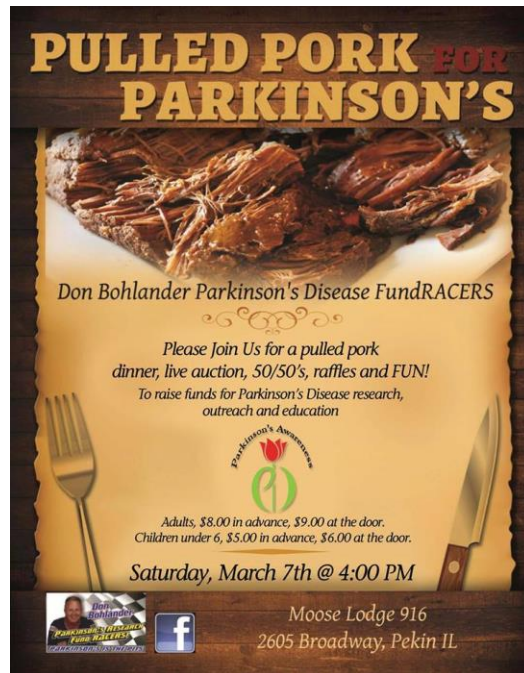
To register call the Midwest Chapter at 630 933-4392.

We have added a few new books to the library. If you are interested in reading one of the books that are available in the library. Please give us a call we will bring it to the next meeting. A complete list of books can be found at <http://www.heartstohands.org/support.html> click on Book List.

If you are a member of a church or civic group, is your club or group looking for a speaker? I would enjoy being able to give them a Parkinson’s Awareness program. Please feel free to give them my name and phone number, Roger Halleen 309 219-1210

For questions call Roger or Barb at (309) 699-7394 or (309) 219 – 1210

The Don Bohlander Parkinson's FUNDRacers Pulled Pork Dinner is on March 7, 2015. Please mark this event on your calendars. You and your family will not want to miss it. The event is an evening packed full of activity, the auction is outstanding event, plus there is a silent auction, raffles, and T-Shirt sales. During the event The Don Bohlander Parkinson's FUNDRacers will present Dr. Craig Cady with donation, that is the results of their fundraising efforts for 2014; you will not want to miss it. We are however in need of auction items and volunteer help please contact Val Bohlander 309 241-5905 or Roger 309 219-1210 for more information.



The Don Bohlander Parkinson's FUNDRacers are currently selling RADA knives. If you need a great knife that's reasonably priced, these are the knives for you! Knives are sold individually and in boxed sets. As always, 100% of the proceeds go to Parkinson's Disease research. Give Val a call 309 241-5905.



April 11, 2015 The Don Bohlander Tribute Race
Peoria Speedway
3520 W Farmington Rd
Peoria IL 61604

