

# CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: [www.heartstohands.org](http://www.heartstohands.org)

They shall never cease to be entertained

**DATE: February 7 , 2015**

**TIME: 1:30 – 3:30 PM**

**Program: Heidi Bauer RKT.**

**WHERE: OSF PromptCare**

**5114 N. Glen Park Place**

**Peoria, IL 61614**

25 members attended the January meeting we had some very good discussion on some Parkinson's related issues and talked about what members would like to have as upcoming programs. We also enjoy an authentic King Cake shipped in from Louisiana I must admit it was good and it did raise some money for Parkinson's Action Network.

Heidi Bauer RKT. will be giving our program in February. Heidi currently runs a Parkinson's exercise Program at the River Plex Recreational and Wellness Center in Peoria. She will discuss her program and the advantage of exercise for Parkinson's.

April 11, 2015 8:00 am – 3:00 pm

APDA Midwest Chapters

Symposium 2015 to be held at The Meadows Club in Rolling Meadows , Illinois

The cost is \$35.00 for members with advanced registration \$40.00 non-members and all purchasers at the door. The theme of this year's event will be "Everyday Solutions for Parkinson Disease Problems".

April 11, 2015 The Don Bohlander Tribute Race at the Peoria Speedway.

Join us for coffee, the next Parkinistas will be held on February 2, 2015 at Historic Grounds Coffee Shop in Metamora at 10:00 am. Call Barb 309 699-7394 or 309 712-3770 for more information.

Dues are \$7.00 per person and are now due, and are now due.

We have added a few new books to the library. If you are interested in reading one of the books that are available in the library. Please give us a call we will bring it to the next meeting. A complete list of books can be found at <http://www.heartstohands.org/support.html> click on Book List.

If you are a member of a church or civic group, is your club or group looking for a speaker? I would enjoy being able to give them a Parkinson's Awareness program. Please feel free to give them my name and phone number, Roger Halleen 309 219-1210

For questions call Roger or Barb at (309) 699-7394 or (309) 219 – 1210

## Parkinson's Data Collection Bill Introduced!

The Parkinson's Action Network (PAN) is excited to announce that the *Advancing Research for Neurological Diseases Act of 2015* has been introduced by Rep. Michael C. Burgess (R-TX) and Rep. Chris Van Hollen (D-MD).

The bill will create a data collection system at the Centers for Disease Control and Prevention (CDC) on Parkinson's disease, multiple sclerosis, and other neurological disorders.

This system at the CDC would provide data on the epidemiology, incidence, and prevalence of this progressive, neurodegenerative disease. Better data would allow for future planning of health care needs, detect changes in health practices, assess disease burden, promote education about neurological diseases, and support a wide range of research initiatives.

Now, PAN needs your help to ensure this legislation gets support in the House. Ask your Representative to co-sponsor H.R. 292, the *Advancing Research for Neurological Diseases Act of 2015*

## FDA Approves Duopa — Levodopa/Carbidopa Intestinal Gel Delivery Method New to U.S. Market

Today pharmaceutical company [AbbVie announced](#) it has obtained approval for Duopa, its gel formulation of levodopa/carbidopa infused directly into the small intestine. This treatment has been approved in Europe under the name Duodopa since 2004.

In the advanced stages of Parkinson's disease, patients may begin to experience "off" time, or periods of poor mobility, slowness and stiffness. Additionally, in Parkinson's disease patients, the spontaneous emptying of the stomach becomes delayed and unpredictable, which can affect the timing of when orally administered medicines leave the stomach and are absorbed in the small intestine. Duopa is delivered directly into the small intestine through a tube — a type of administration intended to bypass the stomach. A small infusion pump administers the drug continuously over 16 hours. In clinical trials, use of Duopa led to two fewer hours of "off time" than treatment with immediate-release, oral levodopa/carbidopa pills.

Duopa represents a promising new option especially for those in later stages of the disease. With that said, no treatment is perfect. Duopa requires that patients wear a large, external "box" in the belt region. Patients require help from caregivers to manage the device, tend to the skin where the tube enters the body and facilitate medication refills. In early studies, people experienced device-related problems with the intestinal tube, which can clog, bend or move out of position.

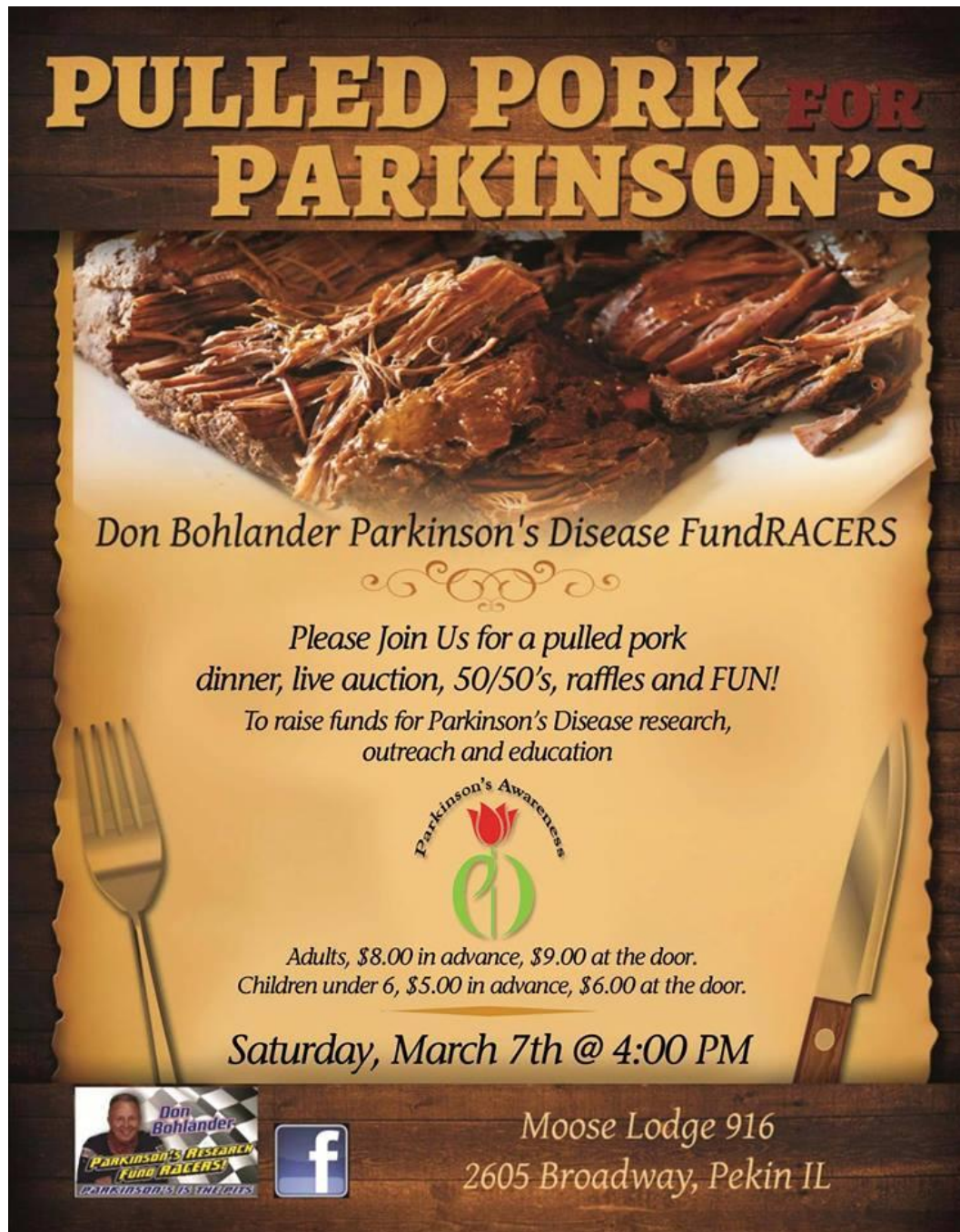
## DUAL RELEASE L-DOPA APPROVED FOR PARKINSON'S DISEASE

U.S. Food and Drug Administration approved RYTARY, an extended-release oral capsule formulation of levodopa-carbidopa, for the treatment of Parkinson's disease.

"The FDA approval of RYTARY (pronounced rye-TAR-ee) is an important new development for the treatment of Parkinson's disease," said Fred Wilkinson, president and CEO, Impax Laboratories. "RYTARY is designed to address one of the most significant unmet needs for patients living with Parkinson's disease, which is to reduce the amount of time during the day when their symptoms are not adequately controlled."

Participants in a Phase III clinical trial experienced nearly an hour and a half less "off time" per day when taking the drug, as compared with carbidopa-levodopa plus entacapone, another drug to lengthen efficacy of levodopa.

The Don Bohlander Parkinson's FUNDRacers next big event will be the Pulled Pork Dinner on March 7, 2015. Please mark this event on your calendars. You and your family will not want to miss it. The event is an evening packed full of activity, the auction is outstanding event, plus there is a silent auction, raffles, and T-Shirt sales. During the event The Don Bohlander Parkinson's FUNDRacers will present Dr. Craig Cady with donation, that is the results of their fundraising efforts for 2014; you will not want to miss it. We are however in need of auction items and volunteer help please contact Val Bohlander 309 241-5905 or Roger 309 219-210 for more information.




**PULLED PORK FOR PARKINSON'S**

*Don Bohlander Parkinson's Disease FundRACERS*



*Please Join Us for a pulled pork dinner, live auction, 50/50's, raffles and FUN!*

*To raise funds for Parkinson's Disease research, outreach and education*



*Adults, \$8.00 in advance, \$9.00 at the door.  
Children under 6, \$5.00 in advance, \$6.00 at the door.*

**Saturday, March 7th @ 4:00 PM**



*Moose Lodge 916  
2605 Broadway, Pekin IL*

The Don Bohlander Parkinson's FUNDRacers are currently selling RADA knives. If you need a great knife that's reasonably priced, these are the knives for you! Knives are sold individually and in boxed sets. As always, 100% of the proceeds goes to Parkinson's Disease research. Give Val a call 309 241-5905.

