



CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: November 1, 2014

TIME: 1:00 pm - 4:00 pm

Program: Pedal For Parkinson's

**WHERE: River Plex Recreation Center
600 NE. Water Street
Peoria, IL**

**** Note Change in time and place****

Therapist Anne Horowitz, OTR, Sarah Martin, RPT. And Amy Becker MS, CCC/SLP gave an outstanding presentation on LSVT Big and Loud therapies. At our October meeting, if you missed it they will be offering some related screenings at this month's Pedal For Parkinson's. The LSVT Program is offered at Illinois Neurological Institute by this group of Therapist.

We had 22 people in attendance at the October meeting. They included our guest Diann, Dorothy and Dale.

This month's program will be "Pedal for Parkinson's"

A great afternoon of Parkinson's Disease Awareness will take place on Saturday November 1st. Pedal for Parkinson's will combine an afternoon of awareness and education with a fundraising event. Attendees will get sponsors for riding a stationary bike for either 15 or 30 minutes. The funds raised will go to Parkinson's Action Network, the unified voice of the Parkinson's community. Included with this event will be a fantastic line up of speakers and a number of Parkinson's related displays. Darrel King will open up the afternoon with some comedy. Our lineup of speakers will include Dr. Sunil Chauhan MD., Dr. Dyveke Pratt MD. The Therapist group from INI will be offering Parkinson's related screenings. We will also have several Parkinson's related displays and a light snack. Once again we hope to build on last year's success and I hope that you can join us for this outstanding event. Should you wish to make a you may donate online at:

<http://www.pedalforparkinsons.myevent.com/3/donate.htm>

This event is really starting to take shape. We have a panel from the World Parkinson's Quilt that will be on display. We have some items coming in for our raffle, if you would like to donate please call me 309 219-1210. We have a fantastic line up of speakers and there will be a number of Parkinson's related displays. It doesn't matter if you have Parkinson's, you're a caregiver, a family member or just have an interest in Parkinson's this is the place to be On Saturday November 1st. Please tell your family and friends about this share it with your church and school groups, let's have a huge turn out and make this a great success.

Please consider becoming a member of the APDA Midwest Chapter. Membership benefits include being eligible to qualify for the Chapter's respite program for care partners who need "time out" from providing full time in-home care for a family member with Parkinson's disease. Each qualified member family may receive up to \$500 per 12-month period to pay for a substitute caregiver. Talk to Roger at the meeting or visit

<http://www.apdamidwest.org>