

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: <u>www.heartstohands.org</u> They shall never cease to be entertained

DATE: May 3, 2014

TIME: 1:30 pm 3:30 pm

Program: Jonathan Hamm from Professional Therapy Services, P.T.S.

will be speaking.

WHERE: OSF PromtCare

5114 N. Glen Park Place

Peoria, IL 61614

We all know how extremely important Physical Therapy is, so join us at our next meeting on May 3, 2014 and find out what Professional Therapy Services has to offer as Jonathan Hamm from P.T.S. will be speaking.

Barb and I are sorry that we were unable to attend the meeting but we were in Shamburg at the APDA Midwest Chapters, Support Group Leadership Workshop and then the Annual Symposium. Both of the programs were outstanding and hopefully we can share some of the information with you at one of our next meetings. A big "Thank You" to Heidi for speaking and helping out with the meeting and a big "Thank You" to Bruce and Marg for running the meeting. It is my understanding that there were 26 members at the meeting along with 2 new members.

As we wind down April and Parkinson's Awareness month, remember to wear a Parkinson's T-Shirt or something Parkinson's related every day, everywhere you go. Have fun with this and be creative. Send me a photo if you want and I'll post it on our Facebook Page.

Fundraiser March thru May. Eat at Chili's and 15% of your bill will be donated to Parkinson's Action Network. Vouchers for this are attached to this newsletter and are available at http://www.heartstohands.org/events.html You must have the voucher with you at Chili's. Please distribute these to as many people as possible, friends, neighbors, Schools and Churches.

Join the Don Bohlander Parkinson's Disease FUNDRacers at the Peoria Speedway as we sell 50/50 tickets, as a fundraiser towards finding a cure for Parkinson's. Call Roger for more information.

Join the APDA West Chapter, Membership benefits include being eligible to qualify for the Chapter's respite program for care partners who need "time out" from providing full time in-home care for a family member with Parkinson's disease. Each qualified member family may receive up to \$500 per 12-month period to pay for a substitute caregiver. Talk to Roger at the meeting or visit http://www.apdamidwest.org

If you are a member of a church or civic group, is your club or group looking for a speaker? I would enjoy being able to give them a Parkinson's Awareness program. Please feel free to give them my name and phone number, Roger Halleen 309 219-1210

Parkinistas, Join us for coffee Friday May 20^{th} 10:00 am at Leaves N Beans 4800 N. Prospect Rd. Peoria Heights Call Barb for more information 309 699-7394



Chili's Give Back Program

Bring this voucher when you visit (Dine In or To Go) the **Chili's** location identified below and 15% of your purchase (excluding taxes) will benefit:

PARKINSON ACTION NETWORK

Group/Charity

3/1/14 - 5/31/14

Event/Exp. Date

One coupon per person, per visit at participating Chili's restaurants only. Cannot be combined with any other offer. Offer ends per expiration date above.

PEORIA & EAST PEORIA

Chili's Locations

#9999900004507



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