



CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

Volume I Issue IV

November 2013

DATE: February 1, 2014

TIME: 1:30 pm 3:30 pm

**Program: Jonathan Hamm from Professional Therapy Services, P.T.S.
will be speaking.**

**WHERE: OSF PromtCare
5114 N. Glen Park Place
Peoria, IL 61614**

Please note the new location of our meeting. This is a permanent change for our group.

Well, by the turn out for our January meeting I would say that our new location is going to be extremely successful. 36 members, new members and guests joined us for our first meeting there on Saturday January 11. We would like to welcome our new members Judy D. Ned and Dee Dee N. and Don S. and invite Crystal B. Joel I. Bill M. George E. and Don M. our guest back to our next meeting.

We all know how extremely important Physical Therapy is, so join us at our next meeting on February 1, 2014 and find out what Professional Therapy Services has to offer as Jonathan Hamm from P.T.S. will be speaking. On March 1st Dr. Pratt from Illinois Neurological Institute will be our speaker.

Get ready we have a busy few months coming up and you won't want to miss a thing;

February 9, 2014 8:00am to 1:00am The Don Bohlander Parkinson's FundRACERS Breakfast at the Pekin Moose Lodge. This is a buffet breakfast featuring scrambled eggs, bacon, sausage, biscuits, gravy, pancakes, toast, coffee, milk and orange juice. Omelets and eggs any style will be prepared to order.

February 13, 2014 at 10:00 am is the Parkin-ista's coffee at the Panera's Bread location on N. Knoxville Ave. The address is actually 1101 W Bird Blvd, Peoria, IL 61615. Call Barb at 309 699-7349 for more information.

February 26, 2014 Join Parkinson's Action Network and the rest of the Parkinson's Community on Wednesday, February 26, for the Parkinson's Day of Action. Parkinson's advocacy leaders from across the country will be on Capitol Hill meeting with their Members of Congress and talking about the importance of supporting Parkinson's research and services.

Voice your support by calling your Members of Congress on February 26 between 8:00 a.m. – 4:00 p.m. CST.

March 1, 2014 is Pulled Pork for Parkinson's, This event is hosted by the Don Bohlander Parkinson's Disease Fundracers and will be held at the Pekin Moose Lodge. The event starts at 4:00 pm with a pulled pork dinner, a Live Auction, Silent Auction, Raffle Items, 50/50 Raffle and great fun will continue though out the evening. Get your tickets in advance for \$ 8.00 adult, \$ 5.00 Child. Tickets will be \$ 9.00 and \$6.00 at the door. Ticket price does not include a drink but there will be a cash Bar. At 8:00 pm the Band "Loose Shoes" will play so be sure to stay around and listen to them.

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The Support Group would like to put together several baskets to be included in the auction at the Pull Pork for Parkinson's, we are looking for donation. There is 2 ways you can do this. First is to donate a basket that you have put together. The other way is to donate an item or two and we will make up baskets with what members donate. Suggested, items to donate; flavored coffee or tea, Chocolates, bottle of wine, candles, bottles of lotions, crackers, dried fruits or anything else that you think will help us put together a few baskets. Bring the items to the February meeting or call us and work out a way to pick them up.

April 5, 2014 8:00 am – 3:00 pm

APDA Midwest Chapters

Symposium 2014 to be held at The Meadows Club in Rolling Meadows , Illinois

The cost is \$35.00 for members with advanced registration \$40.00 non-members and all purchasers at the door.

Includes coffee and rolls, Lunch and valet parking. Speaking at the event will be Dr. David Standaert, MD, PhD. He is Professor and Chair of the Department of Neurology at the University of Alabama – Birmingham, Dr. Michael Rezak MD, PhD he is a neurologist and movement disorder specialist with Central DuPage Hospital. Mia Boelen PT specializing in the treatment of people with Parkinson's. Pamela Hart, MS OTR/L she is an Occupational Therapist in the Outpatient Neurological Rehabilitation program at North-Shore Glenbrook. Sue Laux, who has taken part in more than 20 clinical trials in the pursuit of improved treatment and a cure for Parkinson's disease.

To register go to www.apdamidwest.org or call the Midwest chapter at 630 933 4392. Please talk to Roger if you want more information.

April 12, 2014 Don Bohlander Tribute race at the Peoria Speedway. More information later.

The month of April is Parkinson's awareness month watch for a lot to happen during the month I will have information on what you can do to help promote Parkinson's awareness month starting at the February meeting.

Medicare Update: No More Improvement Standard!

Medicare beneficiaries can no longer be denied coverage for physical, occupational, and speech-language therapy services solely for lack of improvement.

In 2011, the Parkinson's Action Network (PAN) joined a class action lawsuit against the Center for Medicare and Medicaid Services (CMS) over a standard for Medicare coverage that we believed discriminated against people with Parkinson's and other chronic degenerative diseases. The standard, commonly referred to as the Improvement Standard, required Medicare beneficiaries to show improvement to continue physical, occupational, and speech-language therapy services. For a degenerative disease like Parkinson's, therapy is not a cure, but it is a treatment option that can improve quality of life and help maintain independence.

The lawsuit reached a favorable settlement in January 2013, and CMS was given one year to update its policy manual as well as develop and implement a nationwide education campaign for all who make Medicare determinations. This will help ensure that beneficiaries with chronic conditions are not denied coverage for critical services because their underlying conditions will not improve.