

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: October 5, 2013

TIME: 1:30 – 3:30 pm

Program: A video from the Davis Phinney. We will also have time for care and share.

WHERE: Methodist Hospital Morrion Room

Pedal For Parkinson's is coming on November 2. It will take place on the day of our regular support group meeting, but will be held at the River Plex Recreational and Wellness Center, located at 600 Northeast Water Street Peoria, IL 61603

Pedal for Parkinson's will combine an afternoon of awareness and education with a fundraising event. Attendees will get sponsors for riding a stationary bike for either 15 or 30 minutes. The funds raised will go to Parkinson's Action Network, the unified voice of the Parkinson's community. Included with this event will be a fantastic line up of speakers and a number of Parkinson's related displays. Our lineup of speakers is as follows; Dr. Dyveke Pratt MD., Dr. Craig Cady Ph. D., Heidi Bauer RKT., along with others. We will also have several Parkinson's related displays and a light snack. Please plan on attending this event. If you wish you may join us just for the speakers.

Sunday Morning October 6th will be a fund raising breakfast at the Pekin Moose Lodge 2605 Broadway St, Pekin, IL. The buffet style breakfast starts at 8 am. and runs until 11 am. Cost is \$8.00 for adults \$4.00 for children. Please join us.

PEDAL FOR PARKINSON'S

Please sponsor me for my participation in PEDAL FOR PARKINSON'S I will be riding a stationary bike for 15 minutes_____ or 30 minutes_____ Your support of the event will go a long way towards Parkinson's awareness and working towards finding a cure for this devastating disease.

	Name	Address	Phone	Amount
1				
2				

For questions call Roger or Barb at (309) 699-7394 or (309) 219 – 1210.