

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: November 6, 2021

TIME: 1:00PM

Program: Pedal for Parkinson's

**WHERE: River Plex Recreational Center
600 Northeast Water Street
Peoria, IL 61603**

This month is our Annual Pedal for Parkinson's, a combination Fundraiser and Educational event. The Event is free to attend, we have an impressive line-up of speakers an educational display. Please see the complete line-up elsewhere in this Newsletter. If you are interested in information about donating to the event, please visit <https://pedalforparkinsons.myevent.com/>

Last month's program Dave King shared photos and videos with us from his diving adventures, along with explaining the ins and outs of scuba diving. There was lots of very impressive underwater photography. While this was not a normal program for us it was a nice break.



Please remember if you shop on Amazon use Amazon Smile and help support the support group. It is really very easy just go to smile.amazon.com/ch/83-2656727

3RD FRIDAY PD/AP DISCUSSION GROUP

DATE: November 19, 2021

TIME: 1:00 PM

WHERE: OSF Center for Health

5114 N. Glen Park Place

Peoria, IL 61614

At the return of our Third Friday Discussion Group the focus of the discussion was new staffing at OSF HealthCare Illinois Neurological Institute. Future topics will center on your patient/doctor relationship and What techniques work for you dealing with PD?

For Additional information on the Parkinson's Support Group or information in this Newsletter contact Roger at 309 2191210 or roger@cipdsupportgroup.org

“Pedal for Parkinson’s 2021”

Our Keynote speaker will be Danielle Bechta from The Michael J. Fox Foundation. She joined the Foundation in January 2019. Danielle supports the Foundation's efforts to engage the broader community in our mission to speed a cure, attending meetings and events with individuals and families living with Parkinson's disease, caregivers, donors, and other Foundation constituents and stakeholders.




Daniella, will provide an introduction to the Foundation and a research update. The presentation will provide you with a deeper understanding of Parkinson’s disease in general, exciting research updates, and describe ways how you can get involved.

PEDAL FOR PARKINSON’S

A Fundraising and Awareness Event Sponsored by
Central Illinois Parkinson’s Support Group

To Support the Cause of
The American Parkinson’s Disease Association Midwest Chapter
Central Illinois Parkinson’s Support Group



Saturday November 6, 2021
1:00 - 4:30 pm
River Plex
Recreation & Wellness Center
600 NE Water St. Peoria, IL

Benefits of Support Groups
Roger Halleen

Presentation By
Danielle Bechta
Michael J. Fox Foundation

Presentation By
Dr. Chisholm from INI.

Paws Giving Independence
Dr Michael Rezak
Talking about the drug Nourianz.

ACADIA Pharmaceuticals amneal Boston Scientific Advancing science for life™ SYOWA KIRIN sunovion Innovation. Safety. Together.™

RACE STRAIGHT PEORIA FOX apda AMERICAN PARKINSON DISEASE ASSOCIATION MIDWEST CHAPTER OSF HEALTHCARE OSF Neurological Institute Paws Giving Independence "with a little help from our paws"

Visit www.heartstohands.org/events for more information

Here is the rest of the information for “Pedal for Parkinson’s 2021”

You can keep up to date with everything that is happening with the event and or any changes that may take place at <https://pedalforparkinsons.myevent.com/> Start talking to friends and neighbors about sponsoring you now.

Join us for our annual Christmas Lunch Saturday December 4, at 12:00PM all the information is below. We will need to know who is coming by November 20th so please RSVP as soon as possible. lunch@cipdsupportgroup.org



CHRISTMAS LUNCH

Where: Avanti's: located at 8517 N. Knoxville Avenue, Peoria Illinois 61615

When: Saturday December 4, 2021

Meal Choices:

We will be ordering off their Menu

Time: 12:00 Noon

RSVP by Noon, Nov.20th 2021

lunch@cipdsupportgroup.org

309-481-5175

(Please leave a message if there is no answer)

**Please Contact Barb and Dave King at 1744 Kingsbury Rd.
Washington, IL 61571,**

Barb "The King" and "Diver Dave"

