

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: January 4, 2020

TIME: 1:30 – 3:30 PM

Program: “Parkinson’s Bingo” with some prizes. We will also do a little Planning for the coming year.

WHERE: OSF PromtCare

5114 N. Glen Park Place

Peoria, IL 61614

January 4th meeting, we are going to relax and have a little fun Playing Parkinson’s Bingo. Yes, there will be some Prizes. This will be a great way to Just have a little fun and unwind from the Holidays.

Christmas lunch was attended by 45 people. We had a Great time Playing Name that Christmas Tune Thanks to Barb and Dave King for Organizing everything. It was great to have a little time to sit back and relax enjoy some good food and fellowship before the busy Holiday season.



Third Friday Discussion Group

Friday 17th 12:00PM 2500 North Main St East Peoria, IL 61611

Program; Medical and Recreational Marijuana along with CBD Products

Contact Larry 309 634-6357

Support Group Memberships are now due. We have changed our membership fee for the coming year, Membership is now \$5.00 per Person \$ 10.00 per Couple. I have enclosed a self-addressed envelope so that you may mail your membership to Dave and Barb King, or you may pay at the meeting. Barb or Dave King 1744 Kingsbury Rd. Washington, IL 61571

THE DAMIEN FOUNDATION
3235 W. St. Charles Place
Peoria, Illinois, 61615



The Damien Foundation Donation.

I would like to thank The Damien Foundation for a very generous donation to our support group, this is the fourth year that they have contributed to the Support Group. Their support goes a long way in allowing us to run a lot of the programs that we run. I have provided their address if you would like to send them a personal Thanks you note. The Damien Foundation 3235 W. St. Charles Place Peoria, Illinois 61615.

For more information on all the Support Group activities, please feel free to contact Barb or Roger at 309 699-7394 or 309 219-1210.

Our Support Group has a very extensive Library of books on Parkinson's that you may check out see the list here; <http://www.heartstohands.org/support.html> or call us and we can send you a copy of the list.

If you are a member of a group and you feel that group could benefit from a presentation on Parkinson's, please feel free to ask. There are several of us that would be more than willing to speak.

Saturday 4th 12:00PM Jump Trading Simulation & Education Center 1306 N Berkeley Ave, Peoria, IL 61603

Central Illinois Parkinson's Support Group, OSF/INI, APDA Midwest Chapter Annual Educational Seminar Please Mark this date on your Calendar now. Sign up information will come out after the first of the year but last year we had a full house. OSF/INI and the American Parkinson Disease Association Midwest chapter are sponsoring this event and we should have a powerful line-up of speakers

