

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: January 5, 2019

TIME: 1:30 – 3:30 PM

Program: Sherry Gordon-Harris Community Liaison with Health Alliance presenting “Health Advocacy.” We will also do a little Planning for the coming year.

WHERE: OSF PromptCare

5114 N. Glen Park Place

Peoria, IL 61614

January 5th meeting, Sherry Gordon-Harris Community Liaison with Health Alliance presenting “Health Advocacy” The importance of speaking up when talking to doctors about your health care. She will also explain what health advocates are and how they can help people get answers to their questions about their healthcare concerns. We will also have some discussion on what you would like for programs during the upcoming year, so bring your ideas.

Christmas lunch was attended by 42 people. There were ugly sweaters in the ugly sweater contest and we had fun playing trivia. It was great to have a little time to sit back and relax enjoy some good food and fellowship before the busy Holiday season.



Support Group Memberships are now due. We have changed our membership fee for the coming year, Membership is now \$10.00 for the Person with Parkinson’s and there is no charge for the Care Partner or Family members. I have enclosed a self-addressed envelope, or you may pay Dave King, at the meeting.

New Treasurer. I would like to thank the Kings for taking on the role of Support Group Treasurer. Dave and Barb King have stepped up and taken on the role after the passing of Bruce. Thank You.

Central Illinois Parkinson's Support Group donates to OSF Rehabilitation. Though the generous support that we received from the family and friends of Bruce Colley, who passed away Monday, October 15, 2018, at the OSF Richard L. Owens Hospice Home in Peoria. Bruce was a long-time member of the Parkinson's Support Group and our Treasures for just as long. Bruce was also a very avid supporter of Therapy and attended many Therapy programs through OSF Rehabilitation, so it gave the Parkinson's Support Group great pleasure to be able to make this donation to be used towards the support of the Parkinson's Voice Project Loud crowd. Bruce you will be missed but may your memory live on.



Pulled Pork For Parkinson's.

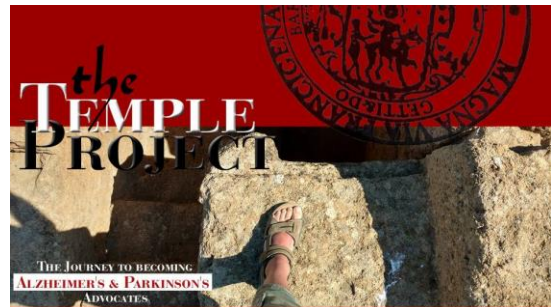
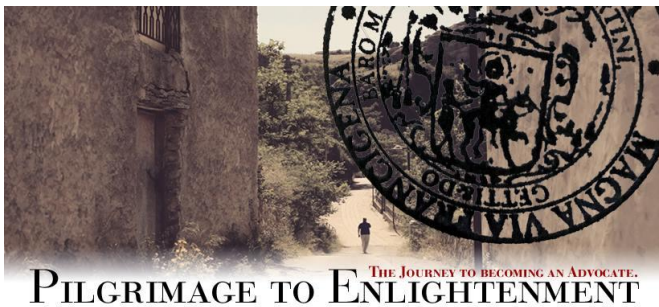
The Don Bohlander Parkinson's FUNDRacers next big event will be the Pulled Pork Dinner on March 2, 2019. Please mark this event on your calendars. It will once again be held at the Pekin Moose Lodge 2605 Broadway St, Pekin, IL 61554. Starting at 4:00pm. You and your family will not want to miss it. The event is an evening packed full of activity with a live auction, raffles, and T-Shirt sales. We are however in need of auction items and volunteer help please contact Val Bohlander 309 241-5905 or Roger 309 219-210 for more information.

THE DAMIEN FOUNDATION
3235 W. St. Charles Place
Peoria, Illinois, 61615



The Damien Foundation Donation.

I would like to thank The Damien Foundation for a very generous donation to our support group, this is the third year that they have contributed to the Support Group. The Damien Foundation 3235 W. St. Charles Place Peoria, Illinois 61615.



Two exciting projects combine; The Temple Project and Pilgrimage to Enlightenment Movie

After 2,400 years a group of Alzheimer’s & Parkinson’s patients and advocates return to the birthplace of Healthcare.

Healthcare was abandoned. In the eons since the temple stones were laid everything has changed, but in the modern age why are so many still in need of assistance and fighting for their lives? After two millennia, in a world of super science and technology how much more time will it take to find the cures people seek? An international team of notable Alzheimer’s and Parkinson’s Disease advocates take an introspective journey through the searing heat of the Sirocco winds across the Island of Sicily. On foot the team walks the Magna Via Francigena, a recently discovered pilgrimage route to the 2,400-year-old ruins of the Temple of Asclepius - the birthplace of healthcare.

In the world beyond this ancient island they have each built legions of advocates fighting to shine light on the need to cure these diseases. But, in the absence of a perfect health care system, what can they do to save themselves and the people they love?

The epic final chapter in the "10 Mountains 10 Years" project.

I will have the exciting challenge of participating in both of these projects you can follow these projects at the following sites, <https://vincentrsimone.wixsite.com/worldupfilms> on Facebook at <https://www.facebook.com/groups/pilgrimage toenlightenment/>

Upcoming meeting information.

February 2nd will once again feature Tammy and Tonya from Illinois Neurological Instituted presenting a care and Share program, the group will be divided into those with Parkinson’s in one group and then the Care Partners in the second group. You will have time to discuss issues that concern you.

March 2nd with the help of some technology we will have a representative of the Michael J. Fox Foundation updating us on what they are currently working on thru a video conference.

April 6th Mark it down on your calendar for sure as our Educational Seminar held in Conjunction with the American Parkinson’s Disease Association Midwest Chapter will return. The Lineup of speakers for this program is already taking shape and there will be a lot more in the next newsletter.

We received 2 books from the Michael J Fox Foundation;

“Parkinson’s 360”

Real Talk for Parkinson’s Patients and families

“ Navigating Clinical Trials”

A Guide for Parkinson’s Patients and families

