**Central Illinois** **Parkinson's Community
2020 Calendar of Events**

**January**

Saturday 4th, 1:30PM OSF Center for Health 5114 N. Glen Park Place Peoria, IL 61614
Central Illinois Parkinson's Support Group Meeting.

Program; Parkinson's Bingo and planning for 2020

Contact Roger or Barb 309 699-7394

Friday 17th 12:00PM 2500 North Main St East Peoria, IL 61611
Third Friday Discussion Group

Program; Medical and Recreational Marijuana along with CBD Products
Contact Larry 309 634-6357.

**February**

Saturday 1st 1:30PM OSF Center for Health 5114 N. Glen Park Place Peoria, IL 61614
Central Illinois Parkinson's Support Group Meeting.

Program; DBS Presentation by Boston Scientific

Contact Roger or Barb 309 699-7394

Friday 21th 12:00PM 2500 North Main St East Peoria, IL 61611
Third Friday Discussion Group

Program; PD Medications.

Contact Larry 309 634-6357.

**March**

Saturday 7th 1:30PM OSF Center for Health 5114 N. Glen Park Place Peoria, IL 61614
Central Illinois Parkinson's Support Group Meeting.

Program; Care and share Tammy and Tonya from OSF/INI

Contact Roger or Barb 309 699-7394

Friday 20th 9:00AM NIU Conference Center 1120 E Diehl Rd, Naperville, IL 60563
2020 Midwest Educational Symposium

To Register and For more Information visit, [https:/!www.apdaparkinson.org!community!midwest!](http://https:/%21www.apdaparkinson.org%21community%21midwest%21)

Friday 20th 12:00PM 2500 North Main St East Peoria, IL 61611
Third Friday Discussion Group

Program; TBD.

Contact Larry 309 634-6357

**Other Parkinson's Related Programs**

Rock Steady Box Phone: (309) 682-9348
5629 Galena Rd.

Peoria Heights, IL 61616

Bloomington Support Group
Activity and Recreation Center
600 E Willow St, Normal, IL

Parkinson's Exercise Class 309-282-1617
River Plex Recreation Center

600 NE Water Street Peoria, IL 61603

Kay Brook rmissbrook@comcast.net

**April**

**Parkinson's Awareness Month**

Saturday 4th 12:00PM Jump Trading Simulation & Education Center1306 N Berkeley Ave, Peoria, IL 61603
Central Illinois Parkinson's Support Group, OSF/INI, APDA Midwest Chapter Annual Educational Seminar

Saturday, 11th World Parkinson's Disease Day 2020

Friday 17th 12:00PM 2500 North Main St East Peoria, IL 61611
Third Friday Discussion Group

Program; TBD.

Contact Larry 309 634-6357

Watch for more events to be announced.

**May**

Saturday 2nd 1:30PM OSF Center for Health 5114 N. Glen Park Place Peoria, IL 61614
Central Illinois Parkinson's Support Group Meeting.

Program; TBD

Contact Roger or Barb 309 699-7394

Friday 15th 12:00PM 2500 North Main St East Peoria, IL 61611
Third Friday Discussion Group

Program; TBD.

Contact Larry 309 634-6357

**June**

Saturday 6th 1:30PM OSF Center for Health 5114 N. Glen Park Place Peoria, IL 61614
Central Illinois Parkinson's Support Group Meeting.

Program; TBD

Contact Roger or Barb 309 699-7394

Friday 19th 12:00PM 2500 North Main St East Peoria, IL 61611
Third Friday Discussion Group

Program; TBD.

Contact Larry 309 634-6357

**Parkinson's Specialized Programs. Things to Watch for.**

OSF Healthcare Outpatient Rehabilitation September 18 - 19, PD Camp 6501 N Sheridan Road

Peoria, IL 61614 November 7th "Pedal for Parkinson's"

309-621-4111