

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: August 5, 2021

TIME: 1:30 PM

Program: Medical Marijuana and Other Alternative Therapies

WHERE: OSF Center for Health

5114 N. Glen Park Place

Peoria, IL 61614

The program this month is a webinar from the Third Thursday webinar series by The Michael J. Fox Foundation. That was originally shown October 17th, 2019.

Our panelists discuss what research is finding about marijuana use for Parkinson's disease and the role of other therapies such as acupuncture and meditation. The speakers and our staff answer questions from the audience.

I hope that this will also open up some discussion among our group as to things they do to help with there Parkinson's.

Registration is now open for PD Camp.

PD Camp is a great weekend of educational programing, Exercising and best of all relaxation.

Camp is limited in the number of people that can attend so please contact me if you are interested.

There is a informational sheet included in this newsletter.

We had 38 in attendance at our Annual Picnic including several new people. It was great to get back together with some many of our old and new friends.

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Central Illinois Parkinsons
Support Group.**

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Now is the time to get signed up we still have room left, but you need to let us know that you want to come as soon as you can. If you have questions, concerns or may need financial help please talk to us. 309 219-1210 or email peoriapdgroup@comcast.net



You're invited!

Please join us for PD Camp, as a past camp attendee we would like to Invite you to register in advance for this year's PD Camp. You can reserve your spot by returning your application and \$100.00 (\$50.00 per person) by May 1, 2021.

Payment will be due at the Time of registration. Should the need arise for you to cancel you may do so with a full refund before August 1st.

Please send payment and registration to;

Roger Halleen

301 Baylor St

East Peoria, IL 61611

Email peoriapdgroup@comcast.net

Please make your checks Payable to Central Illinois Parkinson's Support Group.

Registration is limited and as a past attendee we want you to have first choice. Spots will be filled on a first come, first served basis. after May 1st we will open Camp registration up to others that may be interested. We anticipate that Camp will be full this year, please make sure that you are registered to save your spot. Once Camp fills up, we will create a waiting list.

What do we do at PD camp?

A Combination of Educational and recreational activities including but not limited to the ever-popular rhythm session with Rick. Campfires, games

The program also includes, talks from INI Movement Disorders Team, breakout sessions to cover both emotional and physical aspects of coping with Parkinson's, well as physical and occupational therapists will participate.

When is it?

September 17th – 19th at Salvation Army Eagle Crest Camp in Washburn, IL

The program will run from approximately 12:00PM on Friday through noon on Sunday.

12:00PM Friday will be a Picnic at the American Legion Spring Bay, 500 Legion Ln, Spring Bay, IL

What is the cost?

The cost is \$50.00 per person for the entire weekend There are also a limited number of scholarships available though the Central Illinois Parkinson's Support Group, should you feel the cost is prohibitive for you.

Participants will be provided with a camp t-shirt, dinner on Friday, three meals on Saturday, breakfast on Sunday as well as sleeping accommodations, towels and bedding, you well need to bring your own bath soap and shampoo, a hair dryer if needed.



For the last six years, APDA has conducted a broad survey of PD constituents to determine the best way to provide programs and support to people with Parkinson's disease and the Parkinson's community.

We have included questions in this survey about the impact of virtual programs APDA has been providing since the start of COVID-19.

Additionally, there are a few questions

regarding Telehealth visits and partial dosing of Carbidopa/Levodopa.

Please take a few minutes to complete the survey. You can find it here; <http://www.aaic.net/APDASurvey2021/>



Caregivers Matter. Tell Congress.

July 28, 2021

Congress has introduced legislation to offer a nonrefundable tax credit for working family caregivers. In this webinar, our

expert panelists will discuss what this means and how you can play a role...

Congress has introduced legislation to offer a nonrefundable tax credit for working family caregivers. In this webinar, our expert panelists will discuss what this means and how you can play a role in getting this legislation passed. We'll cover the latest in Congress and tips on how to engage your lawmakers while they are home over the summer. Bring your questions for our experts!

Hint someone you know might just be part of this webinar.

Note: This is a policy webinar, not a Third Thursdays Webinar.

Date: Wednesday, July 28, 2021

Time: 2:00 pm CT

Here is the link to register <https://www.michaeljfox.org/webinar/caregivers-matter-tell-congress>

Do You Love Someone Who Has Parkinson's?

August 19, 2021

Our panelists will discuss life with Parkinson's from a loved one's perspective. They'll share their experiences and tips and answer your questions.

Our panelists will discuss life with Parkinson's from a loved one's perspective. They'll share their experiences and tips and answer your questions. Panelists also will talk about what being a "care partner" can look like, from early days to decades into the Parkinson's journey, and whether there's a more preferred description for those who care for a loved one with PD.

Webinar Details

Date: Thursday, August 19, 2021

11:00 pm CT