

CENTRAL ILLINOIS PARKINSON SUPPORT GROUP

Blessed are those who can laugh at themselves....

Web site: www.heartstohands.org

They shall never cease to be entertained

DATE: April 7, 2018

TIME: **12:00pm – 4:00 PM**

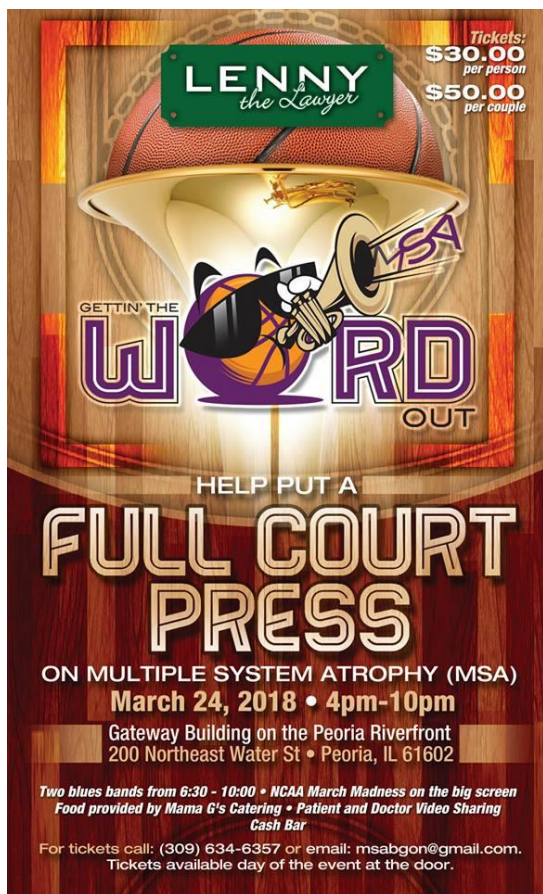
Program: APDA Educational Seminar

WHERE: OSF Center for Health

5114 N. Glen Park Place

Peoria, IL 61614

At our March meeting Larry Kellerman, talked MSA, about donating your Brain to research a subject that we should all consider at some time and have the discussion with our family members. He also talked about his upcoming Fundraiser "Getting the Word Out" Please see the information below.



Let's not forget about the fundraiser Larry Kellerman is hosting for Multiple system Atrophy (MSA) March 24th Starting at 4:00 pm and going to 10:00 pm.

Gateway Building
200 Northeast Water Street,
Peoria, IL 61602

Tickets are \$30.00 per person 50.00 per couple

Available at the Door. Or 309-634-6357 msabgon@gmail.com

The two themes of this event are college basketball and blues music. We have received and will continue to receive items from a number of college basketball programs and from a number of blues artists, those items will be included in a silent auction.

The entertainment for the rest of the evening takes two forms; live blues music and Final Four basketball on the big screen (watching only!). The music will be provided by a local blues band.

Here is the website for the event,

<https://msabgon.wixsite.com/gettinthewordout2018>

Here is the Auction website,

<https://www.32auctions.com/GtWO2018>

INI/OSF mail out a Newsletter to the Parkinson's Community last week I hope every one of you received this Newsletter. The planning for this Newsletter has been about 2 years in the making, we are hoping that it will become a quarterly Newsletter so keep watching your mail box. Thank you to everyone involved in making this happen.



WHEREAS, Parkinson's disease is a chronic, progressive, neurological disease and is the second most common neurodegenerative disease in the United States; and,

WHEREAS, according to the U.S. Centers for Disease Control and Prevention, Parkinson's disease is the 14th leading cause of death in the United States, estimated to affect more than one million Americans; and,

WHEREAS, the estimated economic burden of Parkinson's disease is at least \$14.4 billion annually, including indirect costs of \$6.3 billion to patients and family members; and,

WHEREAS, research suggests the cause of Parkinson's disease is a combination of genetic and environmental factors, but the exact cause and progression of the disease is still unknown; and,

WHEREAS, there is no objective test or biomarker for Parkinson's disease, and there is no cure or drug to slow or halt the progression of the disease; and,

WHEREAS, the symptoms of Parkinson's disease vary from person to person and can include tremors; slowness of movement and rigidity; difficulty with balance, swallowing, chewing, and speaking; cognitive impairment and dementia; mood disorders; and a variety of other non-motor symptoms; and,

WHEREAS, volunteers, researchers, caregivers, and medical professionals are working to improve the quality of life for persons living with Parkinson's disease and their families; and,

WHEREAS, increased research, education, and community support services are needed to find more effective treatments and to provide access to quality care for those living with the disease;

THEREFORE, I, Bruce Rauner, Governor of the State of Illinois, do hereby proclaim April 2018 as PARKINSON'S DISEASE AWARENESS MONTH in Illinois to raise awareness of this illness.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed.



Deese White
SECRETARY OF STATE

*Done at the Capitol in the City of Springfield,
this FIFTH day of MARCH, in
the Year of Our Lord, two thousand and
EIGHTEEN, and of the State of Illinois,
two hundredth.*

Bruce Rauner
GOVERNOR

April is Parkinson's Awareness Month.

April is Parkinson's Awareness Month What do you have planned to help promote Awareness in our Community? Well here are a few ideas;

Wear something related to Parkinson's every day. T-Shirts would be great if you have several Parkinson's related shirts, you can just do laundry a little more often and have a shirt for every day!

A Parkinson's pin is another option of something you can wear. We have the tulip pins for \$ 5.00 and Pedal for Parkinson's wrist bands at no cost.

Take a picture of your self-wearing something to support Parkinson's send it to me at peoriapdgroup@comcast.net and I'll post it on our Facebook page.

Attend All About Parkinson's a Free educational event Held at the Hult Center 5251 N. Knoxville Ave

8:30 – 11:30 Thursday April 5, 2018

Attend the APDA Midwest Chapter Seminar on April 7, at 12:00 noon.

All about Parkinson's disease Seminar

Thursday, April 5 from 8:30 am, to 11:30am
at The Auditorium of
The Hult Center for Healthy Living
5215 N Knoxville Avenue, Peoria IL 61614

Hon. Jim Ardis, Mayor of Peoria, will deliver opening remarks

Marshall Moore, Advancement Officer from The Michael J. Fox Foundation for Parkinson's Research will share Parkinson' research updates

Mrs. Sandra Brown, Medicare Specialist, will speak about navigating Medicare and financial planning

Heidi Bauer, Kinesiologist, will discuss approaches to managing Parkinson's with exercise

This event is free of charge and open to the public. Light fare will be served.

On April 7th we will once again host one of the American Parkinson's Disease Association Educational Seminars. Last year this turned out to be our biggest event of the year, so you will not want to miss it this year. Please register in advance as we may have to limit seating.

Register at;

<https://www.surveymonkey.com/r/APDAPeoria2018> or call Phone at 630-933-4392



The American Parkinson's Disease Association
And
The Central Illinois Parkinson's Support Group
Present
Parkinson's disease Educational Seminar

Saturday April 7, 2018
12:00pm - 4:00pm
OSF Center for Health
5114 N. Glen Park Place
Peoria, IL 61611

Register at;

<https://www.surveymonkey.com/r/APDAPeoria2018>
Phone at 630-933-4392

Speakers will include;

Peoria Councilman Sid Ruckriegel Awareness Proclamation

Tammy Lott LOPC. Depression and Parkinson's

Ricki Chaidez What the American Parkinson's Disease Association can Offer

Cara Kozik MSW, RN. A Duopa Patient Partner Program

Dr. Dronacharya Lamichhane and Melissa Glass APN CNP
What is on the horizon and question and answers?

A Rock Steady Boxing Demonstration

A light lunch will be provided By OSF/INI

